

# DISASTER RESPONSE RESOURCES

*Resources for first responders, veterans, and their families.*



## First Responder Crisis Text Line

- Text Badge to 741741.
- A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.



## Disaster Distress Helpline

- Serves those experiencing signs of distress as a result of a disaster. Trained counselors are available 24/7. All calls are free and confidential.

Disaster  
Distress  
Helpline

PHONE: 1-800-985-5990  
TEXT: "TalkWithUs" to 66746

## 988 Florida Lifeline

- If you or a loved one are in need of crisis support, call, text, or chat 988 now.



**988**  
FLORIDA  
LIFELINE



## State Emergency Response Team (SERT) Resources

- Self-help tips.
- Emotional support.



[floridadisaster.org/mentalhealth](http://floridadisaster.org/mentalhealth)

## Veterans Crisis Line

- Dial 988, then press 1.
- Available 24/7, confidential crisis support for Veterans and their loved ones.
- You don't have to be enrolled in VA benefits or health care to connect.



Get Naloxone. Save a Life. [isaveFL.com](http://isaveFL.com)

