

Attachment A  
Youth Suicide Awareness and Prevention for Instructional Personnel  
Florida Department of Education Approved Inservice Training

**ACT on FACTS – 2016-17 National Version** <http://sptsuniversity.org>

**Description:** Updated version of the online training, Making Educators Partners in Youth Suicide Prevention. Online training designed to help educators understand their role in listening to vulnerable youth, observing warning signs for suicide, and referring and connecting students to appropriate resources.

**Format:** Online

**Length:** 2 hours

**Cost:** FREE

**Target audience:** Middle and High School faculty and staff

**National Registry of Evidence-based Programs:** Best Practices Registry III

**At-Risk for High School Educators** <https://www.kognito.com/products/pk12/>

**Description:** Interactive, simulation-based professional development program that uses virtual role-play to help high school faculty, staff and administrators learn common signs of psychological distress and how to approach an at-risk student for referral to the school counselor.

**Format:** Online with on-site follow-up

**Length:** 2 hours with group Discussion Guide

**Cost:** Varies based on number of participants

**Target audience:** High School faculty and staff

**National Registry of Evidence-based Programs:** National Registry of Evidence-based Programs and Practices (NREPP) & Best Practices Registry I

**At-Risk for Middle School Educators** <https://www.kognito.com/products/pk12/>

**Description:** Interactive, simulation-based professional development program that uses educational gaming technology to prepare educators to identify, approach, and refer at-risk middle school-aged students. In the simulation, users learn signs of psychological distress including depression, anxiety, and thoughts of suicide.

**Format:** Online with on-site follow-up

**Length:** 2 hours with group Discussion Guide

**Cost:** Varies based on number of participants

**Target audience:** Middle School faculty and staff

**National Registry of Evidence-based Programs:** Not currently listed in NREPP or Best Practices Registry

**Jason Foundation Professional Development Series – Module 5, “Youth Suicide: A Silent Epidemic”**

<http://jasonfoundation.com/get-involved/educator-youth-worker-coach/professional-development-series/>

**Description:** Introduction to the national health issue of youth suicide. Provides information about warning signs, elevated risk factors and other important supporting materials/resources to enable participants to help recognize and respond to at-risk students. Jason Foundation also provides curriculum for students and resources for parents.

**Format:** On-site or Online

**Length:** 2 hours

**Cost:** FREE

**Target audience:** Middle and High School faculty and staff

**National Registry of Evidence-based Programs:** Not currently listed in NREPP or Best Practices Registry

**Jason Foundation Professional Development Series – Module 2, Mental Health Issues Surrounding Suicidal**

**Ideation** <http://jasonfoundation.com/get-involved/educator-youth-worker-coach/professional-development-series/>

**Description:** In-depth study of the problem of youth suicide and tools and resources for teachers and other youth workers to help an at-risk student. Includes a discussion of the mental health issues surrounding suicidal ideation. May be used to in conjunction with Module 5, “Youth Suicide: A Silent Epidemic”.

**Format:** On-site or Online

**Length:** 2 hours

**Cost:** FREE

**Target audience:** Middle and High School faculty and staff

**National Registry of Evidence-based Programs:** Not currently listed in NREPP or Best Practices Registry

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**Making Educators Partners in Youth Suicide Prevention** <http://www.sptsusa.org/training-programs/>

**Description:** Inservice workshop that provides basic information about youth suicide for school personnel, outlines the role of faculty and staff in identifying and responding to suicidal behavior, and identifies in-school referral sources. Training is one component of Lifelines, which is a comprehensive suicide prevention that targets the entire school community including youth and parents.

**Format:** On-site

**Length:** 2 hours

**Cost:** \$35 for training materials plus completion of Train-the-Trainer for presenter(s)

**Target audience:** Middle and High School faculty and staff

**National Registry of Evidence-based Programs:** Best Practices Registry III

**Response: High School Suicide Awareness Program** <http://www.sptsusa.org/training-programs/>

**Description:** Inservice training to heighten awareness of depression and suicide among school staff and provide staff with steps to respond and refer a student at risk for suicide. Training is one component of a comprehensive suicide prevention program that includes awareness components for youth and parents.

**Format:** On-site

**Length:** 2 hours

**Cost:** \$425 per kit

**Target audience:** High School faculty and staff

**National Registry of Evidence-based Programs:** Best Practices Registry III

**Signs Matter: Early Detection** <https://afsp.org/our-work/education/signs-matter-early-detection/>

**Description:** Presents information on youth suicide including risk and protective factors for youth suicide, the most common behavioral presentations expressed by at risk youth, and recommendations for school personnel roles, support, and referral.

**Format:** Online

**Length:** 2 hours

**Cost:** \$35 for individual; group rates vary based on number of participants

**Target audience:** K12 faculty and staff

**National Registry of Evidence-based Programs:** Not currently listed in NREPP or Best Practices Registry