



**ADDICTIONS RECEIVING
FACILITIES: SUPPORTING
INTEGRATED CARE & RECOVERY**

 **ASPIRE HEALTH**

LifeStream

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LifeStream Behavioral Center, a comprehensive integrated health system, providing behavioral health, primary healthcare and social services to over 41,819 Central Florida residents annually. LifeStream's continuum of care includes crisis intervention, inpatient, outpatient and residential treatment, primary care, child welfare, educational, care management, rehabilitation, homeless care and housing programs.

LifeStream

OUR VISION:

To Bring Hope to Life

OUR MISSION:

Creating Hope
Supporting Recovery
Promoting Health



OUR VALUES:

We are Respectful - We are a Team - We are Honest - We are Excellent - We are Proud!

LifeStream



Aspire Health is one of the Southeast's largest not-for-profit integrated behavioral healthcare companies. We provide a full continuum of integrated care to over 40,000 individuals annually, delivering more than a million unduplicated services. Our reach spans six counties, offering care from birth to geriatrics across the state.

Our services include:

- Inpatient Hospitalization
- Inpatient Detoxification
- Residential Programs
- Outpatient Medical Services (Mental Health, Substance Abuse, and Primary Care)
- Medication-Assisted Treatment Programs
- Specialty Services
- Community-Based Prevention and Intervention

We specialize in care for Pregnant and Postpartum individuals, ensuring comprehensive support at every stage of recovery.



OUR VISION:

Saving Lives.
Transforming
Communities.
Changing the World.

OUR MISSION:

Providing the highest
quality of
compassionate,
comprehensive and
cost effective
integrated behavioral
health care.

OUR VALUES:

- The worth of each individual.
- The ability for each individual to improve.
- The needs of the whole person.
- The need for respect and dignity of each individual.

Challenges with Co-Occurring Population

- Diagnosis and Assessment- overlap; accurate diagnosis & assessment difficult.
- Stigma- Prevent individuals from seeking treatment.
- Integrated Treatment- Requires coordinated, multi disciplinary approach. Needs collaboration.
- Access to Care- Barriers to access appropriate care to address substance and mental health disorders.
- Medication Management- Managing meds can be complex/interactions.
- Support Systems- Strained relations due to presenting conditions.
- Relapse Prevention- Continuous monitoring and support are essential.
- ❖ Need for comprehensive, patient centered approach that integrates mental health and substance use treatment.

What is an Addiction Receiving Facility (ARF)?

- An Addiction Receiving Facility (ARF) is a specialized healthcare unit with a specific designation designed to provide involuntary Marchman assessments and recommendations for continued treatment for individuals experiencing substance use disorders that require medically managed services.
- These designated healthcare units offer services such as medical detoxification, crisis stabilization, medication-assisted treatment, and comprehensive assessments to individuals suffering from substance use disorders.
- ARFs operate with multidisciplinary teams that include medical professionals, therapists, peer recovery specialists, and care coordinators, providing an integrated collaborative care model that addresses the physical, mental, emotional, social, and supportive care needs.

Types of Addiction Receiving Facilities:

Inpatient

- Inpatient Detoxification/Receiving/CSU-ARF
 - Medical Stabilization, Assessment and Treatment Recommendations

Outpatient

- Assessment/Triage/Receiving
 - Comprehensive additional assessment with treatment recommendations.
 - Does not require medical stabilization and/or without withdrawal management.

Residential

- Treatment

Licensing Requirements/Designation

- State and Federal Regulation
- Department of Children & Families, AHCA, DEA, Pharmacy
- Accreditation Bodies (Example: CARF, Joint Commission)
- Compliance with Health and Safety Standards

Staffing:

Multidisciplinary Teams: Physicians, Nurses, Therapists, Peer Support Specialists.

- Staffed 24/7 with skilled medical and nursing teams
- Specialized training in addiction and mental health

ARF Services Offered

Inpatient Stabilization

Marchman assessment, treatment recommendations and supportive counseling

- Inpatient Stabilization
- Medical Detoxification/Medical Stabilization
- MAT Induction and Stabilization
 - AHP- Unique 3-in-1 program
 - Inpatient Detoxification
 - OTP/NTP
 - Addiction Receiving Facility
 - Care Coordination
 - Transition of care planning and linkages to step down services
 - Supportive Counseling
- Integrated services to address substance misuse & mental health issues.

Care Coordination/Aftercare

Collaborative Coordination/Aftercare

- Collaborative Care Model
 - Transition of Care
 - Warm hand-off
 - Interdisciplinary Treatment Team
 - Peer Support

Benefits of ARF

Structured Environment

- Safe, controlled setting promoting stabilization and recovery.

Medical/Counseling/Pharmacy Professional Services

- 24/7 medical and nursing services providing medical and withdrawal management.

Peer Support

- Shared Experiences fostering community and motivation.

Integrated/holistic approach- medical/psychological and social support

- Addressing medical, psychological, and social needs holistically.

Ability to effectively utilize the Marchman order

- Involuntary Order

Benefits of Integrated (Co-occurring) Treatment

- Patient Centered Care
- Collaborative Care Model
- Improved Patient Outcomes
- Reduced Hospitalization
- Holistic/Integrated Approach

Best Practice/Treatment Approach

- Prescriptive Treatment Plans
- Integrated Treatment Plan
- Therapeutic Modalities/ EBP
- Support Services
- Collaborative Care
- Medical Model

QUESTIONS?

