#### **ADULT FUNCTIONING**

This information domain has strictly to do with how parents/legal guardians or adults in a significant caregiving role in a family household are functioning. This domain is concerned with how the adults (parent/legal guardians or caregivers) in the family household typically feel, think, and act on a daily basis. The element here focuses on adult functioning separate of parenting. We are concerned with how the adults behave regardless of the fact that they are parents or The question is concerned with life caregivers. management, social relationships, meeting needs, problem solving, perception, rationality, self-control, reality, testing, stability, self-awareness, self-esteem, self-acceptance and coherence. Remember, it is important that adult related history is captured and evaluated here such as employment experiences, criminal history, impulse control, previous relationships, patterns of behavior, and so on.

## **Adult Functioning:**

# How does the adult household member function in respect to daily life management and general adaptation?

### **Examples of <u>POSITIVE</u>** Safety Related Info

- Assertive
- Calm
- Effective problem solver
- Manage others effectively
- Control impulses (drugs, gambling, sex, violence, etc)
- Open/flexible
- Optimistic
- Relaxed
- Self-reveling
- Concerned for others
- Future orientated
- Good work history
- Possess some close personal relationships
- Relations support the parent role
- Want appropriate involvement
- Open
- Cooperative
- Share information appropriately
- Appropriate emotional control
- Appropriate affect
- Effectively communicates ideas, thoughts, and emotions
- Reasonable self-concept
- Diagnosed treated/controlled mental health disorder

#### Information that is evaluated includes:

- Communication and social skills
- Coping and stress management
- Self-control
- Impulse control
- Problem solving
- Judgment and decision making
- Independence
- Home and financial management
- Employment
- Citizenship and community involvement
- Rationality
- Self-care and self-preservation
- Alcohol and Substance use and abuse
- Mental health
- Family violence and/or domestic violence
- Physical health and capacity
- Functioning within cultural norms/tribal affiliation

#### **Examples of NEGATIVE Safety Related Info**

- Generalized angeraggressive
- Isolation/loneliness
- Insecurity
- Low empathy
- Feel trapped
- Feel unloved
- Indifference/apathy
- Inability to manage stress
- Unmanaged developmental challenges
  - Poor life management
- Criminal behavior related to impulse control, violence, sex, etc)
- Suicidal
- Impulsive
- Self-centered
- Self-critical
- Suspicious
- Rigid/tense
- Unreasonable
- Passive/dependent
- Unrealistic life expectation

- History of unemployment or inability to maintain jobs
- Relationship problems
- Few close friends or superficial friends
- Conflict laden relationships
- Fear involvement
- Manipulation
- Critical
- Aloof
- Lack of motivation
- Extreme fear/anxiety
- Severe depression
- Severe hopelessness, despair
- No sign of guilt or conscience
- Violent temper outbursts
- Distorted self-concept
- Extreme immaturity
- Untreated or unmanaged mental health disorder
- Addiction/unmanaged alcohol/drug abuse
- Bizarre behavior/emotiondelusional