

Complex Trauma Standardized Measures

Name	Domains	Targeted Age	Format
Structured Interview for Disorders of Extreme Stress (SIDES)	Affect Dysregulation Somatization Attention/Consciousness Self-Perception Relations with Others Systems of Meaning	17-18+ years	Clinician-Based Interview Self-Report (SIDES-SR) 45 items 45 min-1.5 hours
Structured Interview for Disorders of Extreme Stress – Adolescent Version (SIDES-A)	Affect Dysregulation Somatization Attention/Consciousness Self-Perception Relations with Others Systems of Meaning	12-18 years	Clinician-Based Interview 45 items 45 min-1.5 hours
Child and Adolescent Needs and Strengths-Trauma Comprehensive (CANS Trauma)	Attachment Affect Dysregulation Behavioral Control Dissociation Biology Trauma Exposure Caregiver Functioning Strengths	3-18 years	Clinician Rating/Information Integration Tool 110 items 30-45 min
Trauma Symptom Checklist for Children (TSCC)	Anger Anxiety Depression Dissociation Fantasy Sexual Concerns Somatic/Biology (Somatic Complaints Subscale)	8-16 years	Self-Report 54 items 20-30 min
Trauma Symptom Checklist for Young Children (TSCYC)	Traumatic Stress Somatic/Biology (Somatic Complaints Subscale) Anxiety/Mood (Internalizing Symptoms)	3-12 years	Caregiver Report 90 items 15-20 min

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The Devereux Early Childhood Assessment Clinical Form (DECA-C)	Attachment Behavioral Control Affect Dysregulation Cognition Initiative Depression Aggression	2-5 years	Caregiver Interview 62 items 15-20 min
Youth Outcome Questionnaire (YOQ – 2.01)	Interpersonal Distress Somatic Concerns Interpersonal Relationships Social Problems Behavioral Control	4-17 years	Caregiver Report 64 items 10 min
Youth Outcome Questionnaire – Self Report (YOQ – 2.0 SR)	Interpersonal Distress Somatic Concerns Interpersonal Relationships Social Problems Behavioral Dysfunction	12-18 years	Self-Report 64 items 10 min
Children’s Alexithymia Measure (CAM)	Affect Dysregulation	5-17 years	Observer Report 14 items 10-15 min
Difficulties in Emotional Regulation Scale (DERS)	Affect Dysregulation	18-60 years	Self-Report 36 items 8 min
Five Factor Personality Inventory for Children (FFPI-C)	Affect Dysregulation Behavioral Control (Conscientiousness Subscale)	9 - 18 years, 11 months	Self-Report 75 items 15 – 40 min
Minnesota Multiphasic Personality Inventory for Adolescents (MMPI-A)	Affect Dysregulation Somatic/Biology (Hypochondriasis and Hysteria Scales)	14-18 years	Self-Report 478 items 60 min

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Personality Inventory for Youth/Personality Inventory for Children, Second Edition (PIC-2)	Affect Dysregulation Cognition Somatic/Biology (Somatic Concern Scale)	5-19 years	Parent Report Youth Self-Report Teacher Report 275 items 40 min
Affect Intensity and Reactivity Measure for Youth (AIR-Y)	Affect Dysregulation	10-17 years	Self-Report 27 items 10 min
Abbreviated Dysregulation Inventory (ADI)	Affect Dysregulation Cognitive Behavioral Control	12-18 years	Self-Report 30 items 15-30 min
Attachment Questionnaire for Children (AQC)	Attachment	9-18 years	Self-Report 1 item 3 min
Inventory of Parent and Peer Attachment (IPPA)	Attachment	3 years	5 Story Completion Tasks 15 min
Child Dissociative Checklist (CDC)	Dissociation	5-12 years	Caregiver Report 20 items 5 min
Adolescent Dissociative Experiences Scale (A-DES)	Dissociation	11-18 years	Self-Report 30 items 10-15 min
Children's Perceptual Alterations Scale (CPAS)	Dissociation	8-12 years	Self-Report 28 items 10-15 min
Dissociative Features Profile (DFP)	Dissociation	5-17 years	Clinician report

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Children's Dissociative Experiences Scale & Posttraumatic Symptom Inventory (CDES & PTSI)	Dissociation	6-12 years	Self-report 37 items 30 min
Children's Attributions and Perceptions Scale (CAPS)	Cognition	7-17 years	Clinician Interview 18 items 5-10 min
Children's Hope Scale	Cognition	8-19 years	Self-Report 6 items 5 min
Behavior Rating Inventory of Executive Function (BRIEF)	Cognition	5-18 years	Caregiver Report Teacher Report 86 items 10-15 min
Behavior Assessment System for Children-2 (BASC-2)	Cognition Behavioral Control Somatic/Biology (Somatic Complaints Scales)	2 – 21 years, 11 months	Youth Self-Report Caregiver Report Teacher Report 206-241 items 10 – 30 min
Child Behavior Checklist (CBCL)	Behavioral Control Affect Dysregulation Somatic/Biology Cognition	1.5-5 years, 6-18 years	Caregiver Report 140 items 15 min
Child Sexual Behavior Inventory (CSBI)	Behavioral Control	2-12 years	Caregiver Report 38 items 10-15 min
Perceived Competence Scales for Children	Behavioral Control	Not Specified	Self-Report 28 items 15 min
Piers-Harris Children's Self-Concept Scale, 2nd ed.	Self-Concept	7-18 years	Self-report 60 items 10-15 min

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Traumatic Events Screening Inventory - Parent Report Revised (TESI-CRF-R)	Trauma Exposure/History	4-18 years	Caregiver, Youth Report, and Interview Versions 24 items 10 min
Traumatic Events Screening Inventory - Parent Report Revised (TESI-PRR)	Trauma Exposure/History	7 years and under	Caregiver Interview 24 items 20-30 min
Juvenile Victimization Questionnaire (JVQ)	Trauma Exposure/History	2-9 years 10-17 years	Caregiver or Youth Report 34 items 15-20 min
UCLA PTSD Reaction Index	Trauma Exposure/History (Exposure Portion) PTSD Symptoms	7-12 years 13-18 years	Caregiver, and Youth Report 47-48 items 20 min
Young Child PTSD Checklist	Trauma Exposure/History PTSD Symptoms Impairment	1-6 years	Caregiver Report 42 items 20-30 min
Trauma History Checklist and Interview (THC)	Trauma Exposure/History	13 years - adult	Self-Report and Interview
Dimensions of Stressful Events Rating Scale (DOSE)	Trauma Exposure/History	6-18 years	Clinician Administered 50 items 30 min
Parent-Child Relationship Inventory (PCRI)	Trauma Exposure/History	3-15 years	Caregiver Report 78 items 15 min
Clinician Administered PTSD Scale for Children and Adolescents (CAPS-CA)	PTSD Symptoms	8-15 years	Clinician Administered Youth Interview 33 questions 52 min

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Diagnostic Interview for Children and Adolescents (DICA)	PTSD Symptoms	6-17 years	Semi-Structured Interview PTSD module: 17 items 10-15 min
Family Environment Scale (FES)	Caregiver/Family Functioning & Response to Trauma	12-18+ years (5-11 years: Pictorial Adaptation)	Caregiver or Youth Report 90 items 20 min
Family Assessment of Needs and Strengths: Trauma Exposure and Adaptation (FANS-TEA)	Caregiver/Family Functioning & Response to Trauma	Unknown	Unknown
Parenting Stress Index-Short Form (PSI-SF)	Caregiver/Family Functioning & Response to Trauma	10-12 years	Caregiver Report 36 items 10 min
Parent Emotional Reaction Questionnaire (PERQ)	Caregiver/Family Functioning & Response to Trauma	Child age - unspecified	Caregiver Report 15 items 5-10 min
Brief Symptom Inventory (BSI)	Caregiver/Family Functioning & Response to Trauma	13+ years	Caregiver Report 53 items 8-10 min
Coping Responses Inventory - Youth (CRI-Y)	Resilience, Coping, & Strengths	12-18 years	Self-Report 10-15 min
Children's Coping Strategies Checklist (CCSC)	Resilience, Coping, & Strengths	9 – 13 years	Self-Report 45 item 30 min
Multidimensional Scale of Perceived Social Support (MSPSS)	Resilience, Coping, & Strengths	Has been studied with children, adolescents, and adults.	Self-report 12 items 10-20 min
World Assumptions Scale (WAS)	Resilience, Coping, & Strengths	Has been used with children 13 years and older	Self-report

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Strengths and Difficulties Questionnaire (SDQ)	Resilience, Coping, & Strengths	3-18+ years	Caregiver Report Teacher Report Youth Report 5 min